



THE HEPBURN HOWLER

October 2023



Residential Cleanup Day

Fall cleanup day will be held on October 14 at the Arena compound from **8am-3pm**, or until bins are full. Limited to residential waste only, and **one truck/trailer load per household**.



Flu Season

Cold and flu season is upon us. Here are some tips for staying healthy this fall and winter.

1. Take vitamin C and D
2. Get at least 8 hours of sleep a night
3. Stay home if you are feeling unwell
4. Get at least a half hour of physical activity a day

Hepburn Volunteer Fire Department

The Hepburn Fire & EMS Department is looking for volunteers. If you are interested in joining the team, visit the town office to pick up an application form.



Halloween

In Hepburn Halloween is observed by children trick or treating. **Trick or treating takes place from 3 to 8 pm on Halloween**. If businesses or households would like to participate in handing out candy to the cute little ghouls and goblins... Please put up lights or decorations to indicate your participation.



Compost

Compost pick-up is every 2nd week in the summer months and once every 4 weeks in the winter months. October is the last month with two compost pick-up days. October 5th and 19th are compost pick-up days. November 16th is the only compost pick up day in November. The schedule is here:

https://hepburn.ca/living_here/waste_recycling_.html

Our friends at Loraas have a couple tips to help the organics not freeze to the inside of your bin. 1. Place any scraps you would like to dispose of in the freezer then first then once frozen throw them in your bin. 2. Bring your organics bin to a heated garage or shop for a day or two before the pickup so the scraps have a chance to release from the sides of the bin.

Sewer

Do not dispose of large absorbent items like paper towels, diapers, baby wipes, or feminine products down the toilet; these are not items that disintegrate like toilet paper will **including "flushable" wipes**. These products should be disposed of in your garbage.

Hot Mess Grill is BACK!

Hot Mess Grill will be running out of the Hepburn Arena Concession Kitchen for the 2023/2024 Season!



Arena Ice Fees

The 2023/2024 Arena Ice Rental Rates are as follows:

- \$98/hr for local minor sports
- \$108/hr for local senior sports
- \$900 for Tournaments
- \$30/hr for lobby rental
- all prices are subject to GST

Book Your Event at Heritage Common.

Contact Sarah Sims Event Coordinator, at 306-947-2180 or email events@hepburn.ca. Book a tour to find out more! **ARE YOU**

ENGAGED? Visit Heritage Common booth, at **Happily Together Wedding Show**, Sunday October 22, Saskatoon Travelodge, 12-5pm, Tickets \$5.

www.showpass.com/happily-together/



OCTOBER 2023 WHAT'S HAPPENING IN HEPBURN!

HERITAGE COMMON – events@hepburn.ca

RECONCILIATION EVENT – You are invited to a **Reconciliation Event on Friday, October 20**. Fireside Bannock Making, Fundraising Supper by School Sask Trip & Grads, Stobart Drummers & Dancers, & Coffee Time. **5:30-8pm**. (*See afternoon event by School!) Volunteer with hosting, food prep, etc. All are welcome.

GYM TIMES @ Heritage Common

Morning Times: Mon-Thu. 9:30-11:30am. \$2/person, or \$10/mo. ***Pickleball:** Tue 10:15-11:30am.

Homeschool Times: Tue. 1-3pm. \$5/adult, \$2/child. Email recreation@hepburn.ca to RSVP, find availability, & book programming support.

CLOTHES SWAP EVENT - Oct 27 & 28, during Senior VBall Tourney! Drop off Oct 26, 9am-7pm. Coffee & Treats, Heritage Common Items for Sale. Contact Lisa to volunteer, register for sales table, book a community group table, or sign up for NEW Repair Café Station!

COMMUNITY GROUPS

FOREVER IN MOTION (FIM) CLASSES – Debra Gess, certified FIM instructor, will offer FREE activity classes for older adults after Wed coffee at The Centre! Starting after Oct 24.

Kids Konnection – Every Wednesday for the month of November. Starting November 1st

Ages: Kinder to Grade 5. Lights of Christmas. Please register by October 25th. **Register here:** <https://www.surveymonkey.com/R/L9QB6SF>



HALLOWEEN EVENT @ Heritage Common – Join in for Host Families SK insights, creative cupcake decorating, & family-friendly movie magic. **Thursday, Oct 26th. 6-8pm.**

HEPBURN CENTENNIAL BOWL @ Main St - NEW HOURS as of Oct 10: Tue-Thu 3-10pm, Fri-Sat 11am-12pm. League Begins **Oct 17:** Tue/Wed 7-9pm. \$128/person. *Ice cream MWF 6-9pm till **Oct 6.** *Halloween adult social **Oct 28,** 7pm-close. ***Oct 31 from 3-10pm** for kids' trick or treating! 🎃 🍬 P: 229-5491

HEPBURN COOPERATIVE PLAYSCHOOL - Registration still open. Contact: hepburnplayschool@gmail.com

HEPBURN MINOR HOCKEY – Registration still open. Contact: Tamara, President, tamara@skippingstonesdesign.ca

HEPBURN SKATE CLUB – Registration still open. Contact: hepburnfigureskatingclub@gmail.com

HEPBURN SENIORS ASSOCIATION @ The Centre Main St
*Coffee Time: **Oct 4, 11, 18, 25:** Wednesdays 9am.

***Seniors Christmas Banquet: Friday, December 1.** Punch 5:30pm, Supper 6pm. Tickets \$25/each. P: 306-371-2809.

HEPBURN MUSEUM OF WHEAT “Thanks to Saskatoon Co-op for their generous contribution to Threshing Day BBQ. We had beautiful weather and a great turn out for the threshing, lunch, and corn maze. A big thank you to all who came out to support the Museum & all volunteers who made the day a success.”

Museum of Wheat Fall Banquet Fundraiser, Thurs, Nov 2, at Heritage Common. Punch 6pm, Dinner 6:30pm. Live Music by Terry Pugh, Live Auction, Silent Auction, & Bake Sale. Tickets \$35 - at Hepburn Agencies or call Darlene at 306-230-0354.

HEPBURN CHILDCARE HUB hepburnchildcarehub@gmail.com

WISH LIST!		
Dishcloths	Serving spoons	Cutting boards
Smaller pots & pans	Measuring cups	Cookie sheets
Large & small knives	Crib sheets	Muffin tins
Storage containers	Old towels	Change tables (x2)
	Tea towels	

HEPBURN SCHOOL

***Reconciliation Event on Friday Oct 20 @ Heritage Common.** With Stobart Drummers & Dancers, & Treaty 6 Flag Raising. 1-2:45pm. Community members are welcome.

***Senior Volleyball Tourney Oct 27-28 @ Heritage Common & Hepburn School Gyms.** No School on Friday. Includes concession, senior boys, & seniors girls draw.

WOMEN'S FINANCIAL WORKSHOP @ Heritage Common

Learn about **INVESTING** on Wednesday, October 18. Online and in person attendance. E: crystal.johnson@primerica.com



BUSINESS, REGIONAL, & PROVINCIAL ACTIVITIES

NEW BUSINESS CONNECTION – JB Wellness Services

Private home care to stay independent at home. Nursing services: personal care, wound care, physical assessments, and more. Non-nursing services: companion visits, grocery pick up, and more. *Jenilee 306-831-7418 or www.jbwellnessservices.ca.*

PARKS & RECREATION

REACH OUT TO YOUR BOARD! Annual General Meeting: **Monday, Oct 16, 7:00pm** at Heritage Common Library. **RSVP by Oct 12.** Regular Meeting: **Monday, Oct 16, following AGM.** Correspondence & Delegation Requests Due: **Wednesday, October 11.** E: recreation@hepburn.ca.

GET INVOLVED! Email Lisa!

VOLUNTEER for: event, subcommittee, fundraiser, grant, clothing swap, yard work, inventory, gardening, etc.

Mark your calendars for:

Christmas Decorating Contest	Nov 25-Dec 31, 2023
Light the Night Event	Nov 29, 2023
Winter Fest Weekend	Date to be set soon
Fair Days Weekend	Jun 22-23, 2024